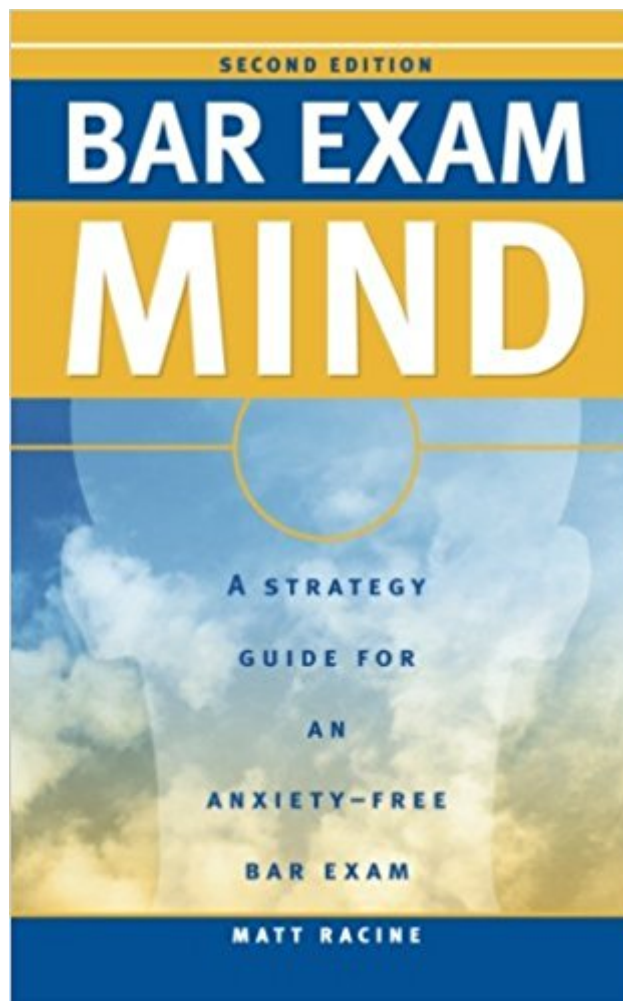


The book was found

Bar Exam Mind: A Strategy Guide For An Anxiety-Free Bar Exam



Synopsis

A MUST READ for anyone taking the bar exam. The bar exam is a difficult test that can provoke stress, anxiety and even fear in those preparing for it. Bar Exam Mind gives you proven strategies to help alleviate these problems and focus on what matters now: Learning the law and passing the bar exam. Bar Exam Mind shows you how to get your mindset right for the bar exam and get the mental edge you need to remain calm and focused while you study for and take the exam. Among other things, you will learn: visualization techniques to remove bar exam fears the best way to practice for the bar exam strategies to improve test-taking performance how to use bar exam affirmations to increase self-confidence what to eat to keep your mind and brain healthy and in peak condition for the bar exam and much more! Use Bar Exam Mind as a supplement to all substantive bar preparation courses. You can either follow the 21-day learning program included with the book or choose to implement only the techniques you believe will be most beneficial to you. After reading this book, you will be well on your way to a successful and stress-free bar exam. ***** Get more bar exam advice at BarExamMind.com.

Book Information

Paperback: 162 pages

Publisher: Lake George Press; 2 edition (April 19, 2014)

Language: English

ISBN-10: 061599900X

ISBN-13: 978-0615999005

Product Dimensions: 5 x 0.4 x 8 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 3.6 out of 5 stars 4 customer reviews

Best Sellers Rank: #354,484 in Books (See Top 100 in Books) #25 in [Books > Education & Teaching > Higher & Continuing Education > Test Preparation > Professional > Bar Exam](#) #145 in [Books > Law > Legal Education > Test Preparation](#) #2838 in [Books > Textbooks > Test Prep & Study Guides](#)

Customer Reviews

Matt Racine is an attorney and bar exam coach who has passed two bar examinations, including the dreaded California bar exam. Since 2009, he has helped thousands of students prepare for the bar exam with his bar exam blogs, including Bar Exam Mind. He is the author of numerous books, including Bar Exam Basics and The Bar Exam Mind Bar Exam Journal.

Nice companion book with Bar Exam. This includes 4 of the journal topics mentioned in Bar Exam Journal, but it goes into greater detail about other things like affirmations and some other performance psychology concepts.

As someone with some understanding of psychology and the mind, this seems pretty hokey and like bull doody written by people who don't know what they are talking about. Spend time studying, not reading this.

Great to use with Bar Exam Mind.

great I used it often I really like it. TI buy it is based on good reputation, it didn't let me down after use.his product logistics is very fast, I am very satisfied with it, the price is cheap, quality is very good for anyone. I was really surprised at the productt, brilliant good quality and good product nothing but good things to say about this case.

[Download to continue reading...](#)

Bar Exam Mind: A Strategy Guide for an Anxiety-Free Bar Exam (Pass the Bar Exam Book 3) Bar Exam Mind: A Strategy Guide for an Anxiety-Free Bar Exam Anxiety: Anxiety Cure Secrets: 10 Proven Ways To Reduce Anxiety & Stress Rapidly (BONUS- 30minute Anxiety Coaching Session- Anxiety Cure, Become Free, 10 simple ways) The Bar Exam Mind Bar Exam Journal: Guided Writing Exercises to Help You Pass the Bar Exam The Bar Exam: The MBE Questions (Prime Members Can Read This Book Free): e law book, 200 Answered and Analyzes Multi State Bar Exam Questions - look inside!!! ! !! (Norma's Big Bar Preps) Bar Exam Basics: A Roadmap for Bar Exam Success (Pass the Bar Exam) (Volume 1) Separation Anxiety: A Parent's Guide for Dealing with a Child's Separation Anxiety ~ (Separation Anxiety Disorder | Separation Anxiety in Children or Toddlers) The 7 Steps to Bar Exam Success: The Strategy Guide for Passing Your Bar Exam with Greater Confidence, in Less Time, and with Less Stress Than the Rest BAR REVIEW: Evidence, Constitutional law, Contracts, Torts: The Author's Own Bar Exam Essays Were All Published After The Bar Exam. Look Inside! Debt Free for Life: The Ultimate Guide to Get Out of Debt (FREE Bonuses Included) (Debt, Debt Free, Debt Free Forever, Debt Free for Life, Debt Free for Good, Debt Management, Get Out of Debt) Allergy-free Desserts: Gluten-free, Dairy-free, Egg-free, Soy-free, and Nut-free Delights Scoring High on Bar Exam Essays: In-Depth Strategies and Essay-Writing That Bar Review Courses Don't Offer, with 80 Actual State Bar Exams Questions a

CBT Worksheets for Teenage Social Anxiety: A CBT workbook to help you record your progress using CBT for social anxiety. This workbook is full of ... CBT therapy and CBT books on social anxiety. The Bar Exam Is Easy: A Straightforward Guide on How to Pass the Bar Exam with Less Study Time and Save \$3,000 Declutter Your Mind Now - 22 Simple Habits To Declutter Your Mind & Live A Happier, Healthier And Stress-Free Life: How To Eliminate Worry, Anxiety & ... A Richer Life (Decluttering Secrets Book 1) How to Write Bar Exam Essays: Strategies and Tactics to Help You Pass the Bar Exam (Volume 2) Bar Exam: Practice MBE Questions 200 High Level Questions Look Inside *(e-book): e book 200 Answered and Analyzed Questions To Help You Pass The Bar Exam First Time Rigos Primer Series Uniform Bar Exam (UBE) Multistate Bar Exam (MBE) Volume 2: 2017 Edition Bar Exam Basics: A Roadmap for Bar Exam Success How to Write Bar Exam Essays: Strategies and Tactics to Help You Pass the Bar Exam

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)